

Rx

# Silodosin 8 mg & Dutasteride 0.5 mg Capsules

**SILDUSTA D**  
 सिल्दुस्टा-डी  
 Capsules

10x10 Capsules

**BONGYN**  
Bioscience Pvt. Ltd.

Each hard gelatin capsule contains :

Silodosin.....8 mg

Dutasteride IP.....0.5 mg

(As uncoated tablet)

Excipients.....q.s.

Approved colours used in empty capsule shells.

**Dosage :** As directed by the Physician.

**Storage :** Store in a cool, dry & dark place.

Keep out of reach of children.

Caution: Exposure of women - Risk to male foetus : Dutasteride is absorbed through the skin. Therefore, women who are pregnant or may be pregnant should not handle these hard gelatin capsules because of the possibility of absorption of Dutasteride and the potential risk of a foetal anomaly to a male foetus.

Mfd. by : Logos Pharma, Village Maissa Tibba, Tehsil Nalagarh, District Solan (H.P.) - 174 101

Warning : to be sold by retail on the prescription of a Registered Medical Practitioner only

**Brand Name:** SILDUSTA  
**Composition:** Silodosin 8 mg Tablets

### General Information:

SILDUSTA is a high-quality pharmaceutical product from **Bongyn Bioscience Pvt Ltd**, designed to manage symptoms associated with Benign Prostatic Hyperplasia (BPH). Containing **Silodosin 8 mg**, it works by relaxing the smooth muscles in the bladder neck and prostate, making it easier to urinate. Manufactured with precision and adhering to stringent safety standards, SILDUSTA ensures effectiveness and reliability for patients.

### Drug Class:

Alpha-1 Adrenergic Receptor Antagonist

### Indications and Uses:

- Relief of urinary symptoms due to BPH, such as difficulty in urination, weak stream, and frequent urination.
- Improves quality of life for patients experiencing discomfort caused by an enlarged prostate.

### Common and Less Common Side Effects:

**Common Side Effects:**

- Dizziness
- Nasal congestion
- Orthostatic hypotension (drop in blood pressure upon standing)
- Retrograde ejaculation

**Less Common Side Effects:**

- Diarrhea
- Fatigue
- Headache
- Skin rash

If side effects persist or worsen, consult your doctor immediately.

---

**Doses and Administration:**

- **Recommended Dose:** One tablet daily, preferably with a meal or as directed by your doctor.
  - Swallow the tablet whole with water. Do not chew or crush it.
  - Follow the prescribed dosage to ensure effective management of symptoms.
- 

**Warnings and Precautions:**

- Consult your doctor if you have liver or kidney impairment before starting SILDUSTA.
  - Avoid driving or operating machinery if you experience dizziness or lightheadedness.
  - Inform your doctor of any history of allergies or hypersensitivity to Silodosin.
  - Not recommended for pediatric use.
- 

**Drug Interactions:**

- Inform your doctor if you are taking medications like PDE5 inhibitors, antihypertensives, or other alpha-blockers, as they may interact with SILDUSTA.
  - Avoid using with strong CYP3A4 inhibitors (e.g., ketoconazole, ritonavir) without prior consultation.
- 

**Contraindications:**

- Known hypersensitivity to Silodosin or any component of the formulation.
- Severe liver or kidney disease.

---

**Dos and Don'ts:****Dos:**

- Take the medication exactly as prescribed by your doctor.
- Stay hydrated and maintain a healthy diet to support overall well-being.
- Inform your doctor about all ongoing medications and supplements.

**Don'ts:**

- Do not exceed the recommended dosage.
- Avoid consuming alcohol while taking SILDUSTA, as it may enhance dizziness.
- Do not discontinue the medication abruptly without consulting your doctor.

---

**Before Taking SILDUSTA:**

- Discuss with your doctor if you are planning to undergo cataract surgery, as Silodosin may cause complications such as floppy iris syndrome.
- Inform your doctor if you are taking any other medications or have a history of medical conditions.
- Disclose if you are allergic to any drugs or have experienced adverse reactions to similar medications.

---

**Contact Information: Bongyn Bioscience Pvt Ltd**

**Address:** 11, First Floor, Science City Road, Sola, Ahmedabad

**Phone:** +91 8160 351 340

**Email:** [info@bongyn.com](mailto:info@bongyn.com)

**Website:** [www.bongyn.com](http://www.bongyn.com)

---

**Disclaimer:**

This is general information about SILDUSTA. Always use this product under the guidance of your doctor. Do not alter or discontinue the prescribed dosage without consulting your healthcare provider.

**All rights reserved to Bongyn Bioscience Pvt Ltd. 2025.**