



Product Name: BONGYBACT (Prebiotic & Probiotic Capsules)

Composition:

- **Prebiotics:** Promote the growth of beneficial gut bacteria.
- **Probiotics:** Contain live beneficial bacteria to maintain gut health.

General Information

BONGYBACT is a scientifically formulated combination of prebiotics and probiotics designed to support digestive health and maintain a balanced gut microbiome. This product is ideal for individuals experiencing digestive disturbances or those seeking to improve their overall gut health. Manufactured with precision, BONGYBACT ensures optimal quality and effectiveness, meeting the highest standards of safety and reliability.

Drug Class

- **Prebiotics:** Dietary fibers that nourish beneficial bacteria in the gut.
- **Probiotics:** Live microorganisms that restore gut flora balance.

Indications and Uses

BONGYBACT is indicated for:

- Maintaining gut health and balance.

- Preventing and managing diarrhea associated with antibiotics.
 - Alleviating symptoms of irritable bowel syndrome (IBS).
 - Boosting the immune system by supporting gut health.
 - Reducing bloating, gas, and other digestive discomforts.
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Common and Less Common Side Effects

Common Side Effects:

- Mild bloating
- Flatulence
- Stomach upset

Less Common Side Effects:

- Allergic reactions (rash, itching)
- Nausea
- Headache

If side effects persist or worsen, consult your doctor immediately.

Doses and Administration

- **Recommended Dose:** One capsule daily or as directed by your doctor.
 - Swallow the capsule with water, preferably after a meal.
 - Do not chew or crush the capsule.
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Warnings and Precautions

- Consult your doctor before use if you have a weakened immune system or severe illness.
 - Avoid using the product if you are allergic to any of its ingredients.
 - Keep out of reach of children.
 - Store in a cool, dry place away from direct sunlight.
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Drug Interactions

- Inform your doctor if you are taking antibiotics, as they may affect the efficacy of probiotics.
 - Avoid combining with other probiotic supplements unless prescribed.
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Contraindications

- Known hypersensitivity to prebiotics, probiotics, or any other component of the product.
 - Not recommended for individuals with severe medical conditions without prior consultation with a doctor.
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Dos and Don'ts

Dos:

- Follow the prescribed dosage instructions carefully.
- Maintain a balanced diet to support gut health.
- Drink plenty of water while taking this supplement.

Don'ts:

- Do not exceed the recommended dosage.
 - Do not use expired capsules.
 - Avoid self-medicating or altering dosage without consulting your doctor.
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Before Taking BONGYBACT

- Discuss with your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
 - Inform your doctor about all medications, supplements, or herbal products you are currently taking.
 - Disclose any history of allergies or underlying medical conditions.
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Contact Information

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Disclaimer: This is general information about BONGYBACT. Always use this product under the guidance of your doctor. Do not alter or discontinue the prescribed dosage without consulting your healthcare provider.

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