



Product Name: BONGYPRO Protein Powder

Composition:

- DHA (Docosahexaenoic Acid)
- Essential Amino Acids
- Vitamins
- Minerals

General Information

BONGYPRO Protein Powder is a premium product from **Bongyn Bioscience Pvt Ltd**, specially formulated to meet the nutritional needs of individuals requiring additional dietary support. Enriched with DHA, essential amino acids, vitamins, and minerals, BONGYPRO supports overall health, development, and vitality. It is suitable for children, adults, pregnant women, lactating mothers, and elderly individuals needing extra nourishment.

Drug Class

• **DHA**: Omega-3 fatty acid

• Essential Amino Acids: Building blocks of proteins

• Vitamins and Minerals: Micronutrients for overall health

Indications and Uses

BONGYPRO Protein Powder is indicated for:

- Nutritional deficiencies
- Support during pregnancy and lactation
- Enhanced growth and development in children
- Recovery from illness or surgery
- Maintaining muscle strength in elderly individuals
- Overall health and vitality improvement

Common and Less Common Side Effects

Common Side Effects:

- Mild bloating
- Nausea
- Stomach upset

Less Common Side Effects:

- Allergic reactions (e.g., rash, itching)
- Headache
- Drowsiness

If side effects persist or worsen, consult your doctor promptly.

Doses and Administration

- **Recommended Dose**: As prescribed by your doctor. Typically, 1-2 scoops daily mixed with water or milk.
- Use the provided measuring scoop for accurate dosing.
- Stir well to ensure the powder is fully dissolved before consumption.
- Do not exceed the recommended dose unless advised by a healthcare provider.

Warnings and Precautions

- Consult your doctor before using if you have any pre-existing conditions or are taking medications.
- Use cautiously in individuals with allergies to any of the product's ingredients.
- Keep out of reach of children.

• Store in a cool, dry place away from direct sunlight.

Drug Interactions

- Avoid combining with other dietary supplements unless directed by a doctor.
- Inform your doctor if you are taking:
 - Blood thinners
 - Multivitamins
 - o Other protein supplements

Contraindications

- Known hypersensitivity to DHA, amino acids, vitamins, or minerals.
- Individuals with specific metabolic disorders unless prescribed by a doctor.

Dos and Don'ts

Dos:

- Follow the dosage instructions provided by your doctor.
- Maintain a balanced diet and stay hydrated.
- Use a clean, dry scoop for each use.

Don'ts:

- Do not self-adjust the dose without consulting your doctor.
- Avoid consuming expired products.
- Do not use as a sole source of nutrition unless prescribed.

Before Taking BONGYPRO

- Inform your doctor if you have any allergies, dietary restrictions, or medical conditions.
- Provide details about all medications, supplements, or herbal products you are taking.
- Discuss with your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

Contact Information

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Disclaimer: This is general information about BONGYPRO Protein Powder. Always use this product under the guidance of your doctor. Do not change the prescribed dose or stop taking the supplement without consulting your healthcare provider.

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